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18MBAHR406

Fourth Semester MBA Degree Examination, November 2020 Personal Growth and Interpersonal Effectiveness

Time: 3 hrs.

Max. Marks: 100

Note: Answer any FIVE full questions.

1.
 - a. What do you mean by Personal Growth? (03 Marks)
 - b. Describe the elements/components of Personal Growth. (07 Marks)
 - c. Explain common Defense Mechanisms. (10 Marks)

2.
 - a. Define Super-Ego. (03 Marks)
 - b. What is transactional analysis? Explain different types of Ego Strokes. (07 Marks)
 - c. Explain the Big Five model. (10 Marks)

3.
 - a. What do you mean by self reflection? (03 Marks)
 - b. Describe the various determinants of Personality. (07 Marks)
 - c. Explain MBTI. (10 Marks)

4.
 - a. What do you mean by Personality Trait? (03 Marks)
 - b. Describe the importance of Emotional Intelligence in an organization. (07 Marks)
 - c. Elaborate on different types of transactions. (10 Marks)

5.
 - a. What do you mean by values? (03 Marks)
 - b. Describe the NLP techniques. (07 Marks)
 - c. Explain the various creativity tools/techniques. (10 Marks)

6.
 - a. What do you mean by Convergent Thinking? (03 Marks)
 - b. Elaborate on FIRO-B. (07 Marks)
 - c. Explain the 7 habits of highly effective people. (10 Marks)

7.
 - a. What do you mean by Sensitivity Training? (03 Marks)
 - b. Describe various strategies for Effective Time Management. (07 Marks)
 - c. What is appreciative enquiry? Explain the 4D cycle model of appreciative enquiry. (10 Marks)

8.

ACME private limited recently acquired XYZ private limited. This lead to restricting of teams within the organization. The HR department after completion of the acquisition process has to focus on building self awareness and mutual understanding between individuals within the restructured teams.

Appropriate measures have to be taken to achieve the above stated objective.

 - a. If you have been entrusted with building trust among team members, what steps would you consider? (10 Marks)
 - b. Which model would you recommend for understanding Interpersonal Trust? (10 Marks)

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Important Note : 1. On completing your answers, compulsorily draw diagonal cross lines on the remaining blank pages.
2. Any revealing of identification, appeal to evaluator and /or equations written eg. 42+8 = 50, will be treated as malpractice.